



# #DADLIFE

## 31 DAY PRAYER GUIDE



**31** POWERFUL SHORT PRAYERS TO HELP DADS FIGHT FOR THE HEART OF THEIR LITTLE DUDES AND SUNSHINES

# #DADLIFE

## **31** DAY PRAYER GUIDE

“

**YOUR  
PRAYERS  
WILL KEEP  
WORKING IN  
YOUR KIDS  
LIVES LONG  
AFTER JESUS  
CALLS YOU  
HOME.**



”

## #DADLIFE 31 DAY PRAYER GUIDE

**As a dad, your little dudes and sunshines crave your attention.**

In Biblical terms, they crave your “blessing.” They long to be important in the eyes of someone they perceive as greater than them (that’s you, dad). They long to see and hear your words of affirmation spoken over them because it is the first glimpse they’ll get of the love of God the Father.

And therein lies the power of prayer.

Your prayers for your kids will outlast you because it will have trained them to place their desires at the feet of their loving Father in heaven, who is more than capable of meeting every single need they will ever have.

So let’s make prayer our life’s mission as dads! You’ll never be a perfect dad (mostly because you’re human), but boy, you can sure be a praying dad!

**WOULD  
YOU PRAY  
WITH ME?**



- Segun “Shegz” Aiyegbusi

## WHY A 31-DAY PRAYER GUIDE?

Because I find myself mostly praying the same things for my kids each day. I ask God to insulate and shield them in a spiritual bubble forever so nothing awful ever happens to them. It isn't a bad prayer, but in the words of my rather wise 5 year old, "Dad, you do know that God can do other things too, right?"

Ah, bless him.

So, I came up with 31 "other" things to pray for our little ones, one for each day of the month.

## HOW DO I PRAY?

First, be led by the Holy Spirit as you pray. Feel free to expound on each prayer as the specific needs of your kids come to mind and as the Holy Spirit directs you to pray. If you have a son and the prayer is for a girl, feel free to adjust to fit their gender. You can pray each prayer with your kids right next to you, or you can pray for them on your own time.

Along with the written prayer, you can also pray the words of the scripture passages for each

day. For example, on day one, pray Galatians 6:4-5 this way, "Jesus, help my little girl be strong and courageous when faced with any situation she may find intimidating. Remind her that You are the Lord her God who is always with her wherever she goes!"

## WHAT IF I MISS A DAY (OR TWO)?

You're forgiven! Simply note what the day's date is on your calendar, and jump right back in on that date in the guide. The goal isn't simply to pray for 31 days and end. The goal is to have something different to pray for your kids each day of ANY month.

## HOW WILL I KNOW IF THESE PRAYERS WILL WORK?

When you pray with your kids, ask in faith believing that God heard you. God is more eager to hear and respond to your prayers than you are willing to ask. Jesus said in Matthew 7:9-11, "Which of you, if your son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!"



LL AS DADS,  
LET'S MAKE  
PRAYER OUR  
LIFE'S  
MISSION

DAY

1

# YOU'RE A BIG BOY NOW, OKAY?

“

Jesus, teach my son to take responsibility for his actions. Help him to be lovingly protective of his siblings and to courageously stand up for what is right even in the face of peer pressure. Bless him with a confidence that is deeply rooted in Your love for Him.

”



**Joshua 1:9 (NLT)** “This is my command— be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go.”



# I LOVE YOU JUST THE WAY YOU ARE

“

Jesus, shield my children’s hearts from the lie that their value comes from how they look, what they do, or what they wear. Reassure them of Your eternal love through Christ Jesus and let them always remember and embrace the truth that they are eternally loved by You.

”



**Romans 8:38-39 (The MSG)** “Do you think anyone is going to be able to drive a wedge between us and Christ’s love for us? There is no way! Not trouble, not hard times, not hatred, not hunger, not homelessness, not bullying threats, not backstabbing, not even the worst sins listed in Scripture: ...None of this fazes us because Jesus loves us. I’m absolutely convinced that nothing— nothing living or dead, angelic or demonic, today or tomorrow, high or low, thinkable or unthinkable— absolutely nothing can get between us and God’s love because of the way that Jesus our Master has embraced us.”




DAY  
3

# GIRL ON FIRE



“ Jesus, bless my daughter with a confidence deeply rooted in Your love for her. Fill her life with Your Spirit and wisdom so that she grows up to become influential in her generation. Bless her with fearlessness in pursuing the ambitions and dreams You have planted in her heart and may she always find in You a loving Father she can always turn to.


 Psalm 28:7 (NLT) “The Lord is my strength and shield. I trust him with all my heart. He helps me, and my heart is filled with joy. I burst out in songs of thanksgiving.”

DAY  
4

# THE SQUAD

“ Jesus, bless my children with fun godly friendships all through their life. Teach them how to be good friends to their peers and make them a great source of encouragement to the friends they make. Bless them with friends who will be strong when they are weak, honest and loving when they need to hear truth, and compassionate when life is harsh.



 Romans 12:10, “ Love each other with genuine affection, and take delight in honoring each other.”

# HELLO, BEAUTIFUL



**Psalm 139:14 (NLT)**  
“Thank you for making me so wonderfully complex! Your workmanship is marvelous— how well I know it.”



Jesus, bless my daughter with peace and confidence in the physical beauty You have gifted her with. Grant her a healthy Biblical view of her body and her sexuality. Help her to fully embrace the unique qualities You have blessed her with. When she looks in the mirror each morning, help her recognize that she is fearfully and wonderfully made by You, and that your works are wonderful!





DAY

6

# JESUS LOVES YOU, THIS I KNOW



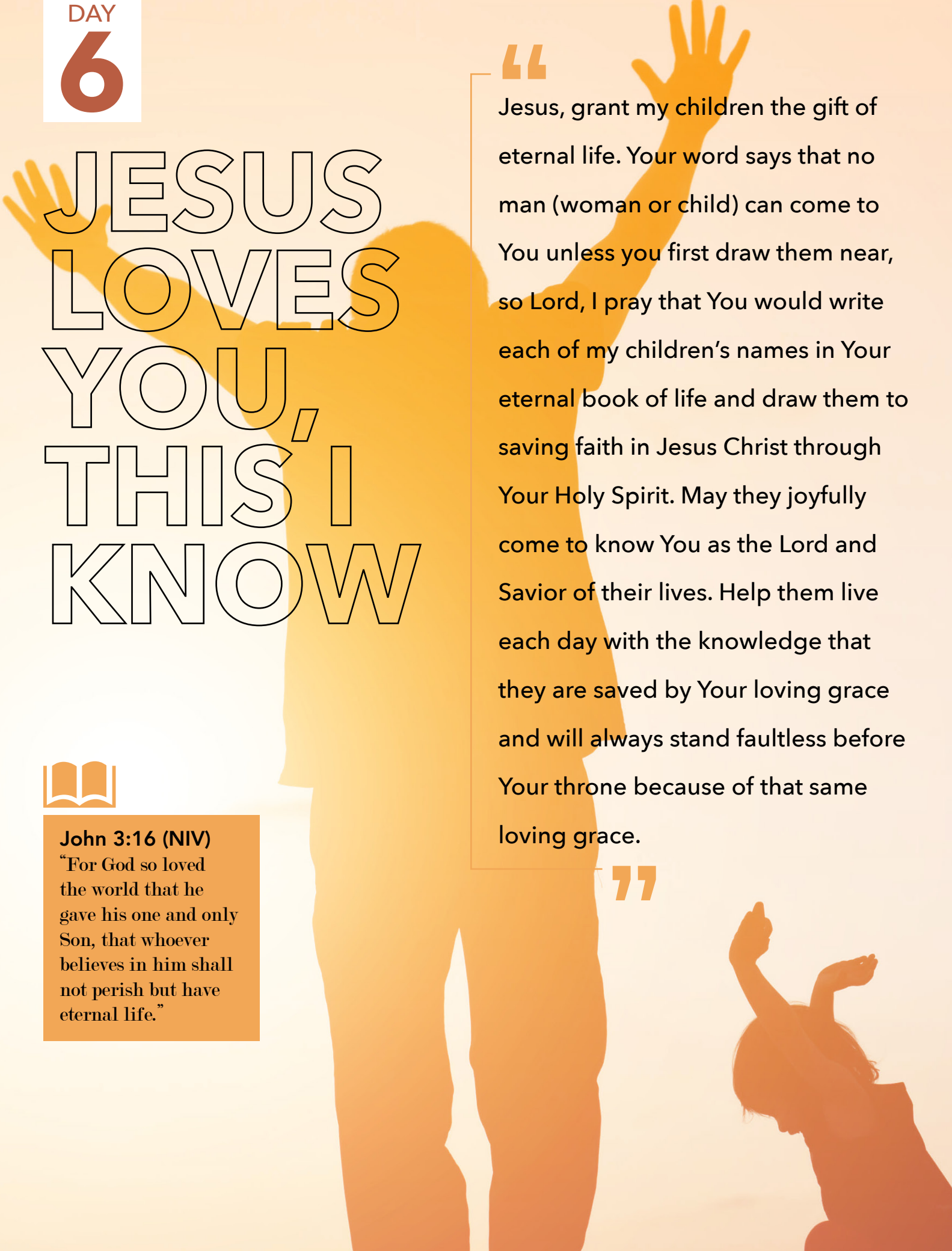
## **John 3:16 (NIV)**

“For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.”

“

Jesus, grant my children the gift of eternal life. Your word says that no man (woman or child) can come to You unless you first draw them near, so Lord, I pray that You would write each of my children’s names in Your eternal book of life and draw them to saving faith in Jesus Christ through Your Holy Spirit. May they joyfully come to know You as the Lord and Savior of their lives. Help them live each day with the knowledge that they are saved by Your loving grace and will always stand faultless before Your throne because of that same loving grace.

”



DAY

7

# JESUS REALLY REALLY LIKES YOU

“

Jesus, help my children grow to love You more and more each day. May they always measure their worth and value by how much You love and actually like them, and not by how well they perform. Reassure them each day that nothing in all of creation will ever separate them from Your love.

”



**Romans 8:39 (The MSG)** “No power in the sky above or in the earth below— indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.”

DAY

8

# YOU HAVE TO SHARE!

“

Jesus, bless my children with a generous spirit. Grant them understanding into Your truth that “the last will be first, and the first will be last.” Help them comprehend early in life that it is truly more rewarding to give than to hoard. Grant them a caring heart that shares willingly and joyfully and looks out for the good of others.

”



**2 Corinthians 9:6-7 (NIV)** “Remember this— a farmer who plants only a few seeds will get a small crop. But the one who plants generously will get a generous crop. You must each decide in your heart how much to give. And don’t give reluctantly or in response to pressure. For God loves a person who gives cheerfully.”



DAY

9

# NOW YOU KNOW YOUR ABCs

“

Jesus, Your word says that all wisdom comes from the Lord, as does common sense and understanding. I pray that You would bless my children with a sharp and brilliant mind. Help them easily identify the areas of giftedness in their lives and bless them with a godly tenacity in refining and perfecting those gifts. May they excel in all the set their hands and mind to do.

”



**Galatians 6:4-5 (The MSG)** “Make a careful exploration of who you are and the work you have been given, and then sink yourself into that. Don’t be impressed with yourself. Don’t compare yourself with others. Each of you must take responsibility for doing the creative best you can with your own life.”

DAY  
**10**

# KISS THE BOO-BOOS BYE BYE

“

Jesus, shield my children from pointless suffering. Allow in their life only those seasons of trials that will shape and mold them into the person You have destined them to be. Grant them the ability to praise Your name and trust in You even in the difficult seasons of their life.



**2 Corinthians 4:17**  
“For our present troubles are small and won’t last very long. Yet they produce for us a glory that vastly outweighs them and will last forever!”

DAY  
**11**

# BE CAREEEEE- FUULLLL!

“

Jesus, protect my children from endangering their lives in their adventurism. Bless them with plenty of bravery to take great leaps of faith, but keep them from stepping outside the boundaries You have established for them.



**Psalms 18:2 (NLT)** “The LORD is my rock, my fortress, and my savior; my God is my rock, in whom I find protection. He is my shield, the power that saves me, and my place of safety.”



DAY

12

# THERE ARE NO MONSTERS IN YOUR CLOSET!

“

Jesus, protect my children from suffering the spiritual consequences of my past foolish decisions. Keep them safe from engaging in any foolish choices that may put them in spiritual jeopardy. Send Your mightiest warrior angels to stand guard over them in any invisible spiritual battles that may be waged over their lives. Continually show and remind them that the Holy Spirit of God living in their hearts is greater than any evil spirit that may threaten them. ”



**Psalm 27:1-3 (ESV)** “The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid? When evildoers assail me to eat up my flesh, my adversaries and foes, it is they who stumble and fall. Though an army encamp against me, my heart shall not fear; though war arise against me, yet I will be confident.”



DAY  
**13**

# EVERY- THING'S GONNA BE ALRIGHT

“

Jesus, fill my children's hearts with hope and let their lives be marked by a positive can-do attitude. Grant them eyes that look at every situation realistically, yet with a Holy Spirit-filled optimism. Bless them with joy so they become a source of great comfort to those in need of comfort.

”



**Romans 15:13 (NIV)**

“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.”

DAY

14

# SAY "I'M SORRY"

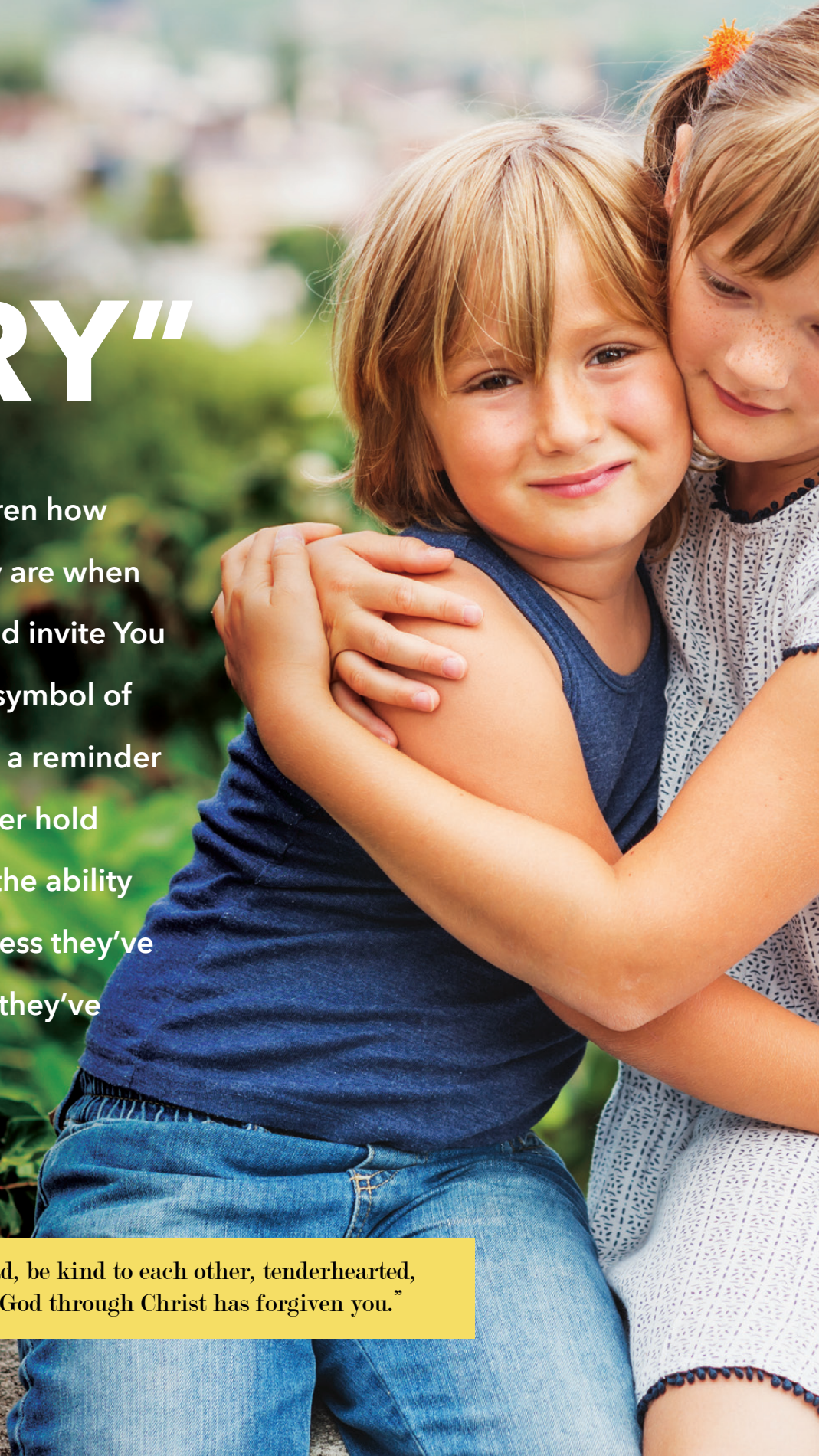
“

Jesus, reveal to my children how completely forgiven they are when they confess their sins and invite You into their lives. Help the symbol of the cross always serve as a reminder to them that You no longer hold them guilty. Grant them the ability to easily extend forgiveness they've received to others when they've been offended.

”



**Ephesians 4:32 (NLT)** “Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.”





DAY

15

# BE NICE TO YOUR SISTER!



**Luke 6:35, (NLT)**

“Love your enemies!  
Do good to them.  
Lend to them without  
expecting to be repaid.  
Then your reward  
from heaven will be  
very great, and you  
will truly be acting as  
children of the Most  
High, for he is kind to  
those who are un-  
thankful and wicked.”



Jesus, help my son comprehend just how kind and gentle You are so that he can view others through kind eyes. Teach him how to humbly serve his siblings, his friends, and even those who seem like they don't deserve his kindness.

DAY

16

# YOU CAN SAY SOMETHING NICE



Jesus, help my daughter to be slow to speak and quick to listen. May the meditations of her heart and the contemplation of her mind be honoring to You, and may it result in her words being a blessing to all whom she speaks to.



**Psalms 141:3** “Take control of what I say, O Lord, and guard my lips.”

DAY

17

# STRONGER THAN A POWER RANGER



Jesus, grant my son eyes to see You in Your role as a Warrior King mighty in battle. Bless him with courage in the face of adversity, and fill him with Your power so he overcomes whatever obstacles lay before them.



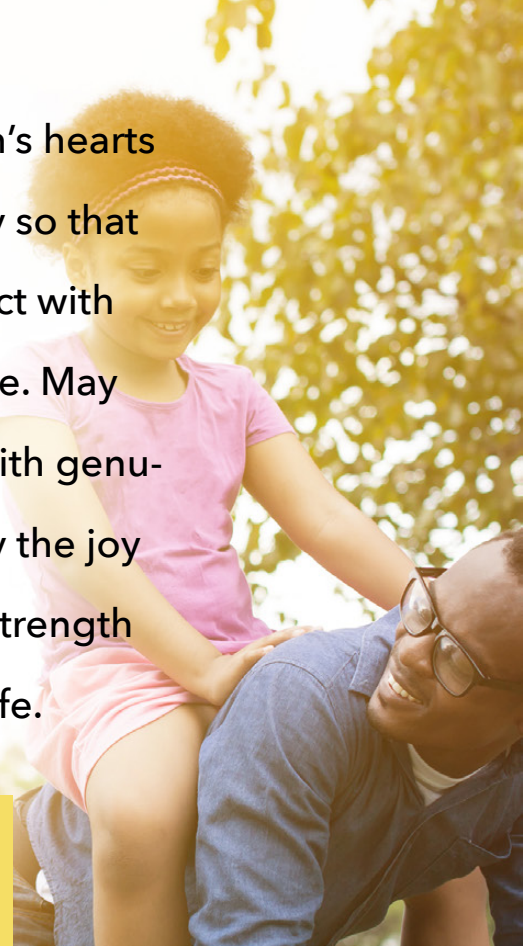
**Exodus 15:2-6 (NIV)** “The Lord is my strength and my defense; he has become my salvation. He is my God, and I will praise him, my father’s God, and I will exalt him. The Lord is a warrior; the Lord is his name. Pharaoh’s chariots and his army he has hurled into the sea. The best of Pharaoh’s officers are drowned in the Red Sea. The deep waters have covered them; they sank to the depths like a stone. Your right hand, Lord, was majestic in power. Your right hand, Lord, shattered the enemy.”




DAY  
**18**

# JOY IN MY HEART

“ Jesus, fill my children’s hearts with a contagious joy so that everyone they interact with experiences Your love. May their days be filled with genuine laughter and may the joy of the Lord be their strength all the days of their life.”




 **Isaiah 55:12 (NIV)** “For you will go out in joy, and come back with peace; the mountains and the hills will burst into song before you, and all the trees in the fields will clap their hands.”

DAY  
**19**

# TELL THE TRUTH

“ Jesus, help my children live a life of honesty and integrity so that no accusation against them would ever stand. Grant them the ability to live such an honorable life that they never need to swear or go beyond their “yes” being a “yes” and their “no” being a “no”.”



 **Psalms 51:10 (NIV)** “Create in me a pure heart, O God, and renew a steadfast spirit within me.”

DAY

20

# YOUR FRIENDS CAN COME TOO

“

Jesus, bless my children with a compassionate heart that longs to win souls for Christ. Grant them eyes to see lost people as You see them and the clarity of thought to share the good news of the Gospel compellingly. Anoint their lives with an evangelistic fervor so that people who are far from You place their faith in Jesus Christ as a result of their witness.

”



**2 Thessalonians 3:1 (NLT)**  
“Finally, dear brothers and sisters, we ask you to pray for us. Pray that the Lord’s message will spread rapidly and be honored wherever it goes, just as when it came to you.”



DAY

21

# SAY YOUR PRAYERS

“

Jesus, grow in the heart of my children a passion for prayer. Stir their hearts and affections for You so deeply that their prayer life is be marked by joy and great faith in You. Jesus, hear them when they call out to You and let Your voice be a constant presence in their lives.

”



**Psalm 27:4 (ESV)** “One thing have I asked of the LORD, that will I seek after: that I may dwell in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD and to inquire in his temple.”



# WILL YOU MARRY ME LATER?

Jesus, bless my child's future spouse so that he/she is growing spiritually to become a man/woman after God's own heart. Grant my child's future spouse deep, satisfying personal relationships that will prepare him/her for marriage without compromising their purity or integrity. Jesus, at the time that You deem fit, lead my child in Your footsteps and direct their paths to the future spouse you have prepared for them. Until that day, grant my child the patience to trust you completely with their love life.



**Proverbs 3:5-6 (NIV)**  
"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

# HELLO, SMARTY- PANTS

LL

Jesus, bless my children with a spirit of self-control. Keep them from foolish and impulsive decisions that may endanger their lives and the lives of others. Grant them the willingness to prayerfully seek the counsel of wise men and women You have placed in their lives before making life-changing decisions.

”



**Proverbs 4:5-9 (NLT)**, “Get wisdom; develop good judgment. Don’t forget my words or turn away from them. Don’t turn your back on wisdom, for she will protect you. Love her, and she will guard you. Getting wisdom is the wisest thing you can do! And whatever else you do, develop good judgment. If you prize wisdom, she will make you great. Embrace her, and she will honor you. She will place a lovely wreath on your head; she will present you with a beautiful crown.”



DAY

24

# I LOVE YOUR SMILE



Jesus, bless my children with a warm inviting personality. May they always be like “the pleasing aroma of Christ” to all they interact with and may the light of Jesus Christ shine brightly in and through them all the days of their lives!



**Matthew 5:16 (NIV),** “In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”





DAY

25

# SOME- ONE HAS A CRUSH

“

Jesus, bless my daughter with a Christ-centered healthy view of herself and her worth. May her heart only be swayed by a boy who himself is seeking to honor You with his life. Grant her (and him) the restraint to wait until love will truly satisfy. Orchestrate the events of their lives to lead them to one another when they are best prepared to meet one another, and teach them to see the beauty and value of marriage through Your eyes.

”



**Psalm 25:4-5 (NLT),**  
“Show me the right path,  
O Lord; point out the road  
for me to follow. Lead me  
by your truth and teach me,  
for you are the God who  
saves me. All day long I put  
my hope in you.”

DAY

26

# SURE, YOU CAN ASK GOD FOR THAT

“

Jesus, grant my children a faith-filled prayer life. May they never lack for words to pour out to You. Demonstrate Your power in their lives and bless them with an ever-increasing measure of faith so that their prayers would be marked by a “mountain moving” audacity that transforms the world.

”



**Mark 11:22-25 (NIV),** “Have faith in God,” Jesus answered. “Truly I tell you, if anyone says to this mountain, ‘Go, throw yourself into the sea,’ and does not doubt in their heart but believes that what they say will happen, it will be done for them. Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours. And when you stand praying, if you hold anything against anyone, forgive them, so that your Father in heaven may forgive you your sins.”

DAY

27

# HEY TOUGH GUY!



**PSALM 28:7 (NLT)** “The Lord is my strength and shield. I trust him with all my heart. He helps me, and my heart is filled with joy. I burst out in songs of thanksgiving.”



**EXODUS 15:3 (NIV)** “The LORD is a warrior; the LORD is His name.”

“

Jesus, teach my son how to be a gentle warrior. Grant him courage and an assertive manhood for those moments when a cause is worth fighting for. Train his hands for war and his fingers for battle should the occasion ever call for it. Yet, fill his heart with the fruits of the Spirit (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control) so that in every conflict, he is led by Your Holy Spirit, and not his passions.

”



DAY

28

# THE BIBLE TELLS ME SO

“

Jesus, grow in my children a love for the Bible. May the stories and principles in the scriptures be a constant source of joy, inspiration, and instruction in their lives. Guide their lives with Your Word so that it serves as a constant beam of light directing and brightening their path all the days of their lives.

”



**PSALM 11:9-12 (NLT)** “How can a young person stay on the path of purity? By living according to your word. I seek you with all my heart; do not let me stray from your commands. I have hidden your word in my heart that I might not sin against you. Praise be to you, Lord; teach me your decrees.”

DAY

29

# PUT IT IN YOUR PIGGY BANK

“Jesus, teach my children that all wealth - gold, silver, dollars, bit-coins, quarters, dimes, nickels, and pennies belong to You. Jesus, bless them with intuition so they know how to best leverage their God-given skills and talent for financial gain. Grant them a healthy Biblical view of money so they understand that they are managers who will give an account for all that has been entrusted to them.”



**LUKE 16:9-10 (NIV)** “I tell you, use worldly wealth to gain friends for yourselves, so that when it is gone, you will be welcomed into eternal dwellings. “Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much.”



DAY

30

# KEEP GOING, YOU'RE DOING GREAT!



**COLOSSIANS 3:23-24 (NIV),** “Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.”

“

Jesus, bless my children with a strong work ethic. Give them a learner’s heart so they not only work hard, but also work smart. Bless the work of their hands, O God, so that their efforts may result in the betterment of their lives and the lives of the people surrounding them.

”



DAY

31

# EAT YOUR VEGGIES

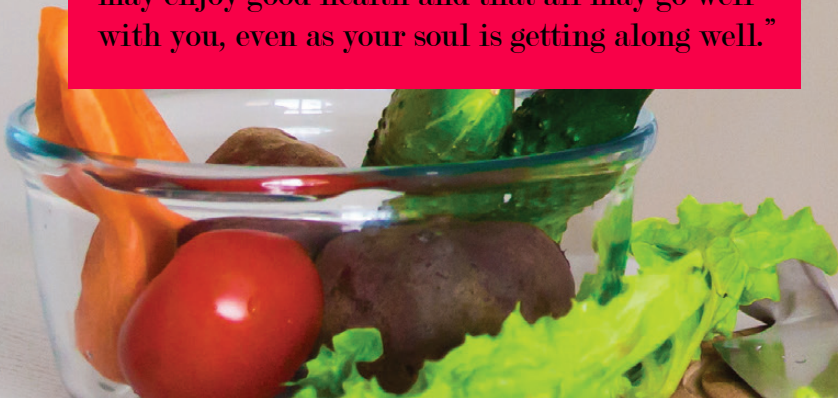
“

Jesus, bless my children with long life and healthiness. Help them be mindful of what they eat and drink, and be watchful of their sleep and rest. Grant them wisdom to continually see their bodies as your temple and bless them with long life.

”



**3 JOHN 1:2 (NIV)** “Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.”









**TO RAISE UP GENERATIONS  
OF FAMILIES THAT ARE  
BUILT TO LAST**

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